



June 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:20 Travelogue 1 10:00 Jet the Dog 11:00 Exercise 2:00 Noodle Games 3:30 Walking	2:00 Bingo 2 3:30 Gentle Stretches 7:00 Up Close and Personal	9:20 Fact or Fiction 3 11:00 Exercise 2:30 Popsicle Social 3:30 Walking	9:20 Older or Younger 4 11:00 Exercise 1:30 Central Collegiate Choir 3:30 Puzzles		
1:00 Lay Service 7	8 10:00 Jet the Dog 6:30 UNO!	9 6:30 Bowling	8:30-10:00 10 TREAT SHOP 10:00 RC Communion 11:00 Exercise 2:00 Jeopardy 3:30 Walking 6:30 Cirque De Soleil Show	9:30 Bible Study 11 11:00 Exercise 2:00 Bingo with The Giving Back Team 3:30 Easy Listening Music	9:20 New Flash 12 11:00 Exercise 2:00 Colouring 3:30 Puzzles 6:15 RC Rosary and Prayer Group	5:00 13 Roughrider vs BC Lions Game
14	9:20 Scattergories 15 11:00 Exercise 10:00 Jet the Dog 3:00 May and June Birthday Tea 6:30 Chair Soccer	9:00 Walker Clinic 16 11:00 Exercise 2:00 David Lowey 3:30 Gentle Stretches 6:30 Hand Bells	9:20 Guess the Animal 17 11:00 Exercise 2:00 Rob Young 3:30 Walking 6:30 Dice Games	9:20 Weird Laws from around the World 18 11:00 Exercise 2:00 Summer Craft 3:30 Card Games	9:20 Father's Day the Price is Right 19 11:00 Exercise 2:00 Father's Day Ice Cream Floats 3:30 Puzzles 6:15 RC Rosary and Prayer Group	10:00 RC Mass 20 and Confession 5:00 Roughrider vs Calgary Stampeders Game
21 HAPPY FATHER'S DAY!	9:20 Who am I? 22 10:00 Jet the Dog 11:00 Exercise 2:00 Ring Toss on the Patio 3:30 Walking 6:30 Father's Day Movie Night!	9:20 Tongue Twisters 23 11:00 Exercise 2:00 Ice Cream Sundae Social 3:30 Gentle Stretches 6:30 Connect 4	8:30-10:00 24 TREAT SHOP 11:00 Exercise 2:00 Cup Pong 3:30 Walking 6:30 Chair Yoga	25 9:30 Bible Study 11:00 Exercise 2:00 Bingo 3:30 Easy Listening Music	9:20 New Flash 26 11:00 Exercise 2:00 Larry and a cup of Joe's 3:30 Puzzles 6:15 RC Rosary and Prayer Group 7:00 Roughrider vs Toronto Argonauts	27
28	9:20 Rabbit Trivia 29 11:00 Exercise 10:00 Jet the Dog 2:00 Canadian Nature Documentary 3:30 Walking 6:30 Sing-along with Nick	9:20 Canadian Trivia 30 11:00 Exercise 2:00 Canada Day Happy Hour! 3:30 Gentle Stretches 6:30 Canadian Pictionary				

***All Activities are Subject to Change**