

November 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 Exercise **1** **2:30 Stings & Voices** 3:30 Chair Yoga	9:30 Scattegories **2** 11:00 Exercise 2:00 Tic Tac Toe Bean Bag Toss 3:30 Walking	9:30 Once Upon a Time Quiz **3** **10:00 Jet the Dog** 11:00 Exercise 2:00 Unseen Wonders of the World 3:30 Gentle Stretches	**8:30-10:00** **4** **TREAT SHOP** 10:45 Care Resident Meeting **2:00 Rodney Pettigrew** 3:30 Walking	9:30 Bible Study **5** 10:45 Suite Resident Meeting **2:00 Bingo with the Giving Back Team** 3:30 Easy Listening Music 6:30 Cirque De Soleil Show	9:30 New Flash **6** 10:00 Church 11:00 Exercise 2:00 Floor Curling 3:30 Puzzles 6:30 Music Mapping	11:00 Exercise **7** 2:00 Cup Pong 3:30 By the Numbers
11:00 Exercise **8** 2:00 Bingo 3:30 Chit Chat	9:30 Name That Tune! **9** 11:00 Exercise 2:00 Spoons Game 3:30 Walking	9:30 Remembrance Day Reminiscing **10** **10:00 Jet the Dog** 11:00 Exercise **2:00 November Happy Hour!** 3:30 Gentle Stretches	**11** **REMEMBRANCE DAY!** 10:00 RC Communion	9:30 Road Sign Quiz **12** 11:00 Exercise **2:00 Trio Lumina** 3:30 Card Games 6:30 Word Ladder	9:30 Finish the Lyric **13** 11:00 Exercise 2:00 Bingo 3:30 Puzzles 6:30 Nature Documentary	11:00 Exercise **14** **2:00 Light in Creation** 3:30 Bucket Ball
11:00 Exercise **15** **1:30 Nightingales** 3:30 Pictionary	9:30 20 Questions **16** 11:00 Exercise **2:00 Bobbi T. Retirement Party!** 3:30 Walking	**17** **10:00 Jet the Dog** **5:00 Fall Family Supper**	**18** 2:30 Seated Dance 3:30 Walking **6:30 D'Amigos**	9:30 Bible Study **19** 11:00 Exercise **2:00 Bingo with the Giving Back Team** 3:30 Easy Listening Music	9:30 New Flash **20** 11:00 Exercise **2:00 Larry and a Cup of Joe's** 3:30 Puzzles 6:30 Connect 4	10:00 RC Mass and Confession **21** 11:00 Exercise 2:00 2-12 Dice Game 3:30 Fall Tongue Twisters
11:00 Exercise **22** 2:00 Bingo 3:30 Travelogue	9:30 Wordle **23** 11:00 Exercise 2:00 Floor Curling 3:30 Walking	9:30 Spelling Bee **24** 11:00 Exercise **10:00 Jet the Dog** **2:00 Rob Young** 3:30 Gentle Stretches	**8:30-10:00** **25** **TREAT SHOP** 11:00 Exercise **2:30 Christmas Decorating**	9:30 The Price is Right! **26** 11:00 Exercise **2:00 Hymn Sing Choir** 3:30 Parachute Games 7:00 Ring Toss	9:30 Which Came First **27** 11:00 Exercise 2:00 Bingo 3:30 Puzzles **6:30 Notables**	11:00 Exercise **28** 2:00 Colouring 3:30 Strange Laws from Around the World
11:00 Exercise **29** **2:00 Christmas Decorating**	9:30 Brain Teasers **30** 11:00 Exercise **3:00 November and December Birthday Tea**					

***All Activities are Subject to Change**